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### JONAS KNOX

**BIOGRAPHY**

FOX Sports Radio (FSR) personality Jonas Knox is an essential member of the network’s industry-leading weekend lineup. He is host of the Saturday morning program, *The Jonas Knox Show*, and also co-hosts a Saturday afternoon program with five-year NFL veteran Bucky Brooks and a Sunday evening program with former Notre Dame Quarterback Brady Quinn. For a total of 10 hours each weekend, Knox can be heard recapping the week in sports, bringing listeners highlights and insights during these entertaining and opinionated shows.

Additionally, Knox co-hosts FOX Sports Radio’s *Straight Outta Vegas with R.J. Bell –* the network’s first-ever national daily radio show focused on sports betting. Airing on more than 230 stations nationwide, the one-hour weekday program informs and entertains sports fans with on-the-ground reporting – including breaking news and changing odds– right up until game time.   
  
Knox has also served as a fill-in host for *Outkick The Coverage with Clay Travis*, *The Doug Gottlieb Show* and *The Odd Couple with Chris Broussard & Rob Parker*.

Knox is FSR’s resident MMA/boxing expert, and since his weekend morning show often airs right after the title bouts, it’s the perfect place to hear post-event interviews with the stars of the sport. A life-long MMA/boxing fan, he also frequently produces FSR’s fight-night coverage, including UFC on FOX simulcasts, and is a freelance reporter for several MMA/boxing websites.

Knox got his start in Los Angeles radio at AM 830 as an intern, where he covered games for local teams, including the Clippers. In 2009, he flew across the country to Charleston, S.C. to deliver his resume in person for a potential co-host/executive producer/update anchor position at a brand-new station. His determination impressed the station ownership and he got the job. Unfortunately, the fledgling station folded in a year and Knox was forced to return to Los Angeles in 2010.

Never giving up on his radio dream, he did odd jobs to make ends meet, including construction, dishwashing at restaurants and telemarketing - a job he was fired from after applying to radio positions during his shift. As luck would have it, a co-worker from his stint in Charleston connected him with the head of FSR the following week. He was offered a position at the network as an overnight weekend editor, and he soon after added producer duties for weekday mornings and weekends, as well as various news anchor shifts.

After producing *FOX Sports Daybreak with Andy Furman and Mike North* for four years, he got his chance to get behind the mic again. He added fill-in hosting duties on weekends until a Saturday morning shift opened up; that shift soon expanded to Sundays. Not long after, he was asked to add executive producer duties for FSR’s popular weekday afternoon program, *Jay Mohr Sports*, a position he filled until 2016.

When he’s not in the studio, Knox enjoys working out, writing poetry, making music with his rock band and rooting for his favorite teams – the Bears, Cubs, Celtics and Pittsburgh Penguins. He can even be found cheering for the South Carolina Gamecocks, thanks to an on-air bet. Fans can connect with him on Twitter @TheJonasKnox.

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