

### CODY ALAN

**BIOGRAPHY**

As the host and executive producer of *CMT Radio Live with Cody Alan* and *CMT After MidNite with Cody Alan*, Alan is undoubtedly one of the most recognized names in radio.  Broadcast on radio stations across America and originating from the CMT studio in Nashville, his shows feature the biggest names in country music and entertainment.  He also brings fans unprecedented access to all things current in country music and entertainment in an environment that's genuine, unpredictable and fun.  With live interaction, Alan connects fans with their favorite stars, from the red carpet to backstage.  Combining his passion for entertainment with television, he also serves as host of CMT’s signature music show, *Hot 20 Countdown*, seen Saturday and Sunday mornings at 9:00/8:00c. He’s also a fixture at the industry’s biggest events and awards shows, and he co-hosts CMT’s annual red carpet special live from the CMT Music Awards.

Alan landed his first radio job at age 15, and after gigs in South Carolina, Georgia and Florida, he made waves at the age of 23 breaking Texas music at 99.5 The Wolf in Dallas, helping the station earn the designation as the #1 country station in America at the time.  Throughout his career, he has received numerous accolades, including the Country Music Association “Daily National Broadcast Personality of the Year” award in 2021, the Country Radio Seminar/Country Aircheck “National Personality of the Year” award in 2019, and the Academy of Country Music “National On-Air Personality of the Year” award in 2010 and 2013. He also received the “DJ of the Year” award from Country Radio Broadcasters and is a five-time Radio and Records “Music Director of the Year,” in addition to being honored by Billboard magazine and the Radio Music Awards.  Additionally, Alan has been recognized at the Grand Ole Opry, featured in USA Today, GQ Magazine, People Country and Country Weekly; and has been seen on E! News and HLN.

In 2021, Alan released his debut memoir, *Hear's The Thing* via Harper Horizon, in which he shares how fostering his ability to hear others helped him discover that the person he most needed to listen to was himself. In the book, Alan shares some of the lessons he learned along the way, while inspiring readers to hear that inner voice that leads to deeper connections with oneself and others.

When not on radio or TV or working on his next project, Alan loves working out, running, watching reality shows, superhero movies, listening to all kinds of music, relaxing in the mountains, eating Mexican food and spending time with family and friends.

Follow him on Twitter @CMTCody or visit [www.CMTCody.com](http://www.CMTCody.com) or [www.AfterMidNite.com](http://www.AfterMidNite.com).
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